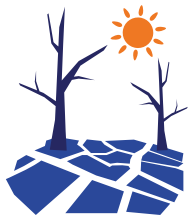


El Niño

WHAT IS EL NIÑO?

El Niño is a naturally occurring climate pattern in the tropical Pacific Ocean. During an El Niño event, sea surface temperatures in the central and eastern Pacific become warmer than average, while trade winds weaken, leading to changes in weather patterns around the world.



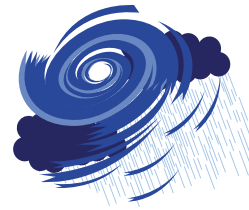
Drought



Heavy rainfall



Rising global temperatures



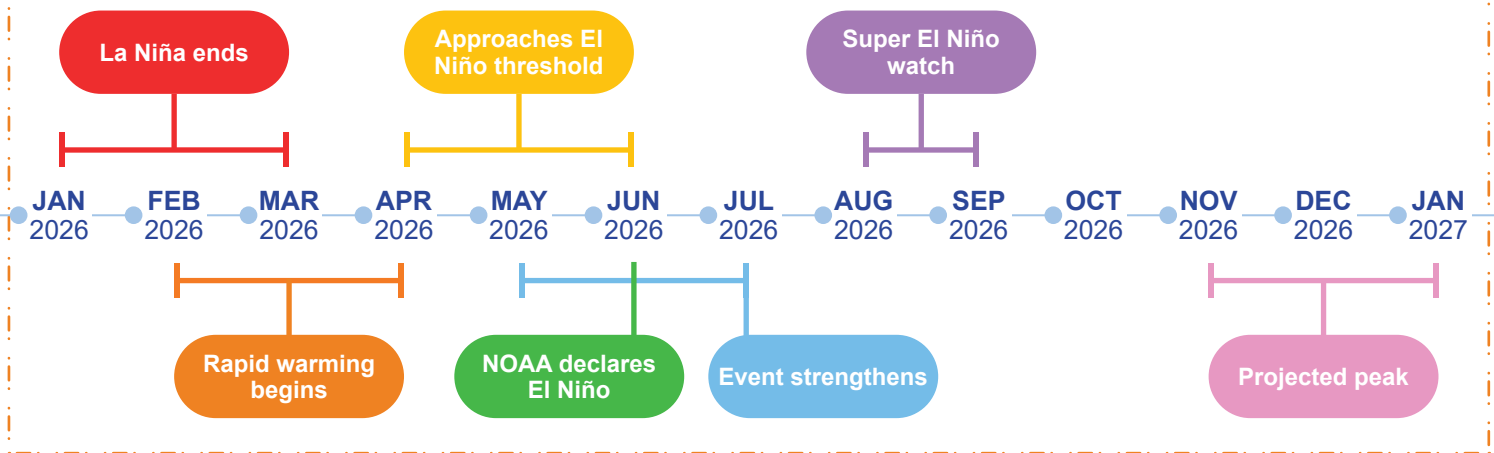
Stronger storms and hurricanes



Floods

GLOBAL IMPACTS

TIMELINE



TRAVELLER CONSIDERATIONS



Stay informed

Monitor official updates before and during your trip.



Plan flexibly

Allow extra time for delays.



Be prepared

Pack smart for extreme heat, heavy rain or poor air quality.



Increased flight delays and cancellations

Severe weather can impact airports and connections.



Longer journey times

Adverse weather may affect road, rail and ferry services.

INCREASED HEALTH RISKS

- Acute respiratory infections
- Food-borne diseases
- Water-borne diseases
- Vector-borne diseases
- Communicable diseases
- Injury and mortality
- Mental health problems
- Malnutrition
- Heat-related illness
- Exacerbated non-communicable diseases



AMERICAS
Food insecurity, waterborne diseases, dengue, heat stress and worsening chronic conditions.

AFRICA
Malaria, vaccine-preventable diseases and worsening chronic conditions, alongside increased epidemic risks in areas affected by conflict and displacement.

EUROPEAN
Extreme heat, drought and flooding.

SOUTH-EAST ASIA
Heat stress, food insecurity and worsening chronic conditions.

WESTERN-PACIFIC
Dengue, heat stress, food insecurity and worsening chronic conditions.

EASTERN MEDITERRANEAN
Heat stress, food insecurity, waterborne and mosquito-borne diseases, vaccine-preventable diseases and worsening chronic conditions.

Drier Variable Wetter

Sources: World Health Organization | World Meteorological Organization
Map: Medical Information & Analysis, International SOS • Created with Datawrapper

DISCLAIMER: This infographic has been developed for educational purposes only. It is not a substitute for professional medical advice. Should you have questions or concerns about any topic described here, please consult your medical professional.

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