Ebola: a viral haemorrhagic fever

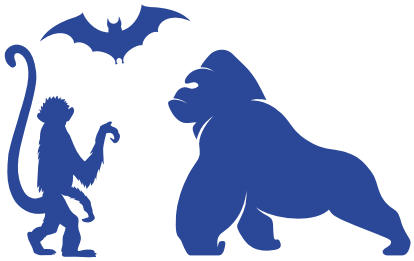
There are several different types (strains) of Ebola viruses.

TRANSMISSION





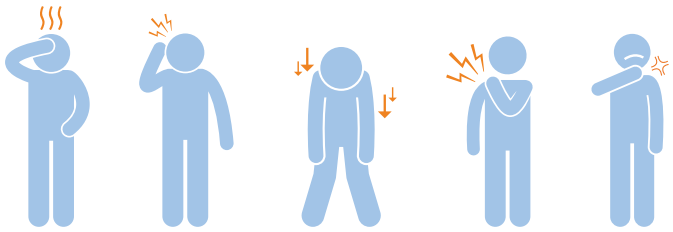
Contact with contaminated materials



Animal to human

SYMPTOMS

EARLY



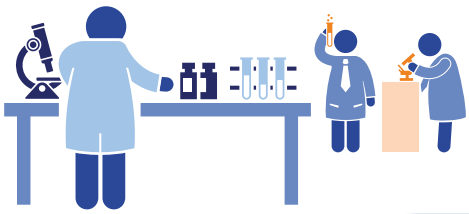
Fever | Severe headache | Weakness | Muscle pain | Sore throat

LATER

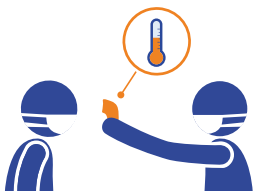


Nausea/ vomiting | Abdominal pain | Diarrhoea | Rash | Bleeding organ failure

CAN BE FATAL



DIAGNOSIS: Lab tests

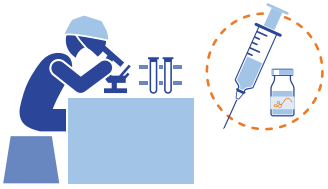


CONTACT TRACING: Contacts are closely monitored and treated promptly if symptoms develop.



Supportive **TREATMENT** is available. Medical care improves survival. Seek help **early**.

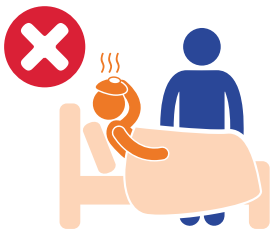
Specific medication is available for some types of Ebola.



VACCINES are available for some types of Ebola. Others are being developed.

There is no specific treatment or vaccine available for Bundibugyo strain.

PREVENTION



Avoid contact with sick people, body fluids and contaminated items



Avoid funerals



Avoid unsafe healthcare facilities



Follow hygiene measures, wash hands often with soap and water

Keep up to date with our alerts and information on the International SOS location guides https://www.internationalsos.com/ and pandemic website https://pandemic.internationalsos.com/Diseases/Ebola

DISCLAIMER: This infographic has been developed for educational purposes only. It is not a substitute for professional medical advice. Should you have questions or concerns about any topic described here, please consult your medical professional.

© Copyright 2026 AEA International Holdings Pte. Ltd. All rights reserved.

INTERNATIONAL SOS